

May Flowers!

Bring

Showers

April



Iowa Bowling Proprietors' Association
2518 Clarkson Avenue
Des Moines, IA 50310
515-255-0808; Watts 1-800-622-2695
Fax: 515-255-8915
E-Mail: iowabowling@mchsi.com
www.iowabpa.com



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IOWA BPA NEWS

Up to Date & What's to Come!

Next Meeting May 10th, 2010 at 10:00a.m.

iowabowling@mchsi.com - 04-09-10



The next Iowa BPA meeting will be
May 10th, 2010 at 10:00a.m.

The meeting will be held at the
Iowa BPA state office at
2518 Clarkson Avenue in Des Moines.

All members are invited
to attend (lunch is provided).

If you are unable to attend and would like
to participate over the phone,
please call 515-255-0808 or 1-800-266-
2695 between 10:00 a.m. and 2:00 p.m.
to participate in the meeting.

BOWLFEST WILL NOT TAKE PLACE IN 2010

The BPAA Bowlfest committee has decided to
cancel Bowlfest for 2010. Discussions regard-
ing Bowlfest will be at the Bowl-Expo regional
meeting. The annual meeting date and site will
be announced at a future time.

**The Iowa BPA Summer Meeting in
July will include Education & Ex-
hibitors who will be hosting a BBQ
and will be networking with propri-
etors. Plan to attend this FUN and
informative event!**

MIDDLE AND HIGH SCHOOL SPRING BOWLING INTRODUCED TO ATHLETIC DIRECTORS BY THE IOWA BPA

The Iowa BPA had a booth at the Iowa
Athletic Director's Convention held in
Coralville, Iowa. Information was shared
and passed out introducing
In-School, Middle and High School Spring
Bowling along with USBC information on
High School Bowling and team membership
through the USBC for discounts on balls,
Dexter shoes and other benefits.

CAREER IN THE BOWLING BUSINESS OPPORTUNITY!

An individual or couple interested in
managing a bowling center in north
east Iowa with the option to buy and
take over the business. Please send
your resume and information to the
following:

Iowa BPA

2518 Clarkson Ave

Des Moines, IA 50310

If you have any questions, call the
Iowa BPA at 515-255-0808

MEMBER CENTER LUCKY 6 LANES BOWLER IN MARENGO BOWLS BACK TO BACK 300 GAMES!

According to the Des Moines Register, Karmen Munson from Brenda's Hair supply bowling team started stringing together one strike after another. The two or three dozen other bowlers present acted like teammates around a pitcher working on a no-hitter. "You just keep your mouth shut" said Rob Healey, bowling on the lane next to Munson. "You don't want to acknowledge it." Munson, a 47 year old office worker at the University of Iowa who lives in Williamsburg, was on her way to back-to-back 300 games. The odds of a single perfect game are 1 in 11,500 for an average bowler, but the chances of doing it consecutively are 132 million-to-1. Munson, who sports an average of 185, had attracted a small audience by the ninth frame of the first game. That's when the tension hit. She recalled advice from Dick McBride, who has coached her informally through the years and co-owns Lucky 6 with his wife, Cindy. "On the 10th frame, I remembered Dick telling me, 'If you're nervous or under pressure, you're going to adjust for your ball speed to slow down when you throw it,'" Karmen said. In the second game, by the fifth frame, a crowd had rallied around her. "This time my heart really started racing," she said. The last pin fell and Kollin Munson, her husband and teammate, jumped up to hug and kiss her. She stared crying. Kollin started crying. Their daughter Karah, 15, cried. A round of applause filled the house. "She keeps her cool most of the time," Healey said. "Then she goes all tears after the second one." Munson finished her final game of the three-game series with a 171. "I felt like my 14 pound ball weighed 50 pounds by that time," she said.

written by :Andrew Bassman

MARK YOUR CALENDAR

Monday, May 10th, 2010
IBPA Committee Meetings

Tuesday, May 11th, 2010
Board of Directors Meeting

Sun., June 27th thru Thurs. July 1st, 2010
Bowl Expo, Las Vegas Convention Center

Friday, October 1 thru Sunday, October 3
Bob Rea Coaches Clinic



QUBICA AMF PRESENTS
**INTERNATIONAL FAMILY
TOURNAMENT**
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And The Winners Are!

In the Parent/Youth Division

Melissa West & Keith West

Plaza Lanes, Des Moines

In the Parent/Teen Division

Jason Winker & Art Winker

Carroll Bowl, Carroll

BOWL BETTER NOW!

Cadillac Lanes in Waterloo will be hosting a Dick Ritger's Bowling Camp. Thursday May 13th thru Sunday May 16th, 2010. For more information go to www.ritgerbowlingcamp.com or call Cadillac Lanes, 319-234-6888.

WHAT ARE THE HEALTH BENEFITS OF BOWLING?

According to Wikipedia, "Bowling is an anaerobic type of physical exercise, similar to walking with free weights.

Bowling helps in burning calories and works muscle groups not usually exercised. The flexing and stretching in bowling works tendons, joints, ligaments and muscles in the arms and promotes weight loss. apart from the physical benefits it also has psychosocial benefits, strengthening friendships or creating new ones in groups." This type of exercise 2-4 times a week can give a heightened metabolism, stonger bones, increased energy, a more positive appearance, decreased blood sugar levels and enhanced stamina. Do you ever notice that your senior bowlers seem to have more spunk than other seniors that you know? Bowling could be the reason.

RAISE MONEY FOR MDA

And your customers will enjoy 1 free game when another is purchased (up to 3 games) April through November

Call the State Office 1-800-622-2695 to order.

